

MEMBERSHIP REQUIREMENT CHECKLIST FOR NON-ATHLETE MEMBERS

Non-athletes should complete and mail a non-athlete membership application to the address printed on the application form. Memberships are processed by each LSC (Local Swimming Committee). Application forms can be found on each LSC's website. A map of LSCs and a list of their websites can be found at <http://www.usaswimming.org/DesktopDefault.aspx?TabId=1522&Alias=Rainbow&Lang=en>.

COACHES

- USA Swimming-approved adult & child CPR/AED certification (must maintain a current certification at all times – see list of approved courses)
- Safety Training for Swim Coaches (must maintain a current certification at all times – available through the American Red Cross only – can substitute USA Swimming-approved lifeguard certification plus STSC online course and test – see list for approved lifeguard certifications)
- Sterling Level 2 Criminal Background Check (www.usaswimming.org/backgroundcheck)
- Athlete Protection Training course (www.usaswimming.org/protect)
Current and previous members can access the course at any time. New non-athlete members must register through their LSC before getting access to this online course, which takes approximately 60 minutes to complete and is offered at no charge. New members cannot initiate the course until their membership application has been processed by their LSC, so it is recommended that new members wait ten days after mailing their application before attempting to log in to take the course. Once their membership application has been processed, the log in procedure can be completed. (An error message will appear during the log in if the new member's application hasn't been processed yet.)
- Foundations of Coaching – This requirement has undergone major changes that went into effect February 4, 2013.
Complete Foundations of Coaching 101 (must be completed prior to becoming a coach member of USA Swimming). The fee for this course is \$15.
Prior to 2nd year of registration, complete Foundations of Coaching 201 (\$25) and Rules & Regulations for Coaches (no fee).

Coaches should enclose a copy of the CPR/AED, and Safety Training for Swim Coaches certifications with their application and payment. Your LSC will be notified automatically when you have passed the background check, online athlete protection training, and the Foundations of Coaching exams. Once all membership requirements have been met, your LSC will mail a coach membership card to you.

OFFICIALS

- Sterling Level 2 Criminal Background Check (www.usaswimming.org/backgroundcheck)
- Athlete Protection Training course (www.usaswimming.org/protect)
Current and previous members can access the course at any time. New non-athlete members must register through their LSC before getting access to this online course, which takes approximately 60 minutes to complete and is offered at no charge. New members cannot initiate the course until their membership application has been processed by their LSC, so it is recommended that new members wait ten days after mailing their application before attempting to log in to take the course. Once their membership application has been processed, the log in procedure can be completed. (An error message will appear during the log in if the new member's application hasn't been processed yet.)

Your LSC will be notified automatically when you have passed the background check and online athlete protection training. Once all membership requirements have been met, your LSC will mail a membership card to you.

VOLUNTEERS/TEAM OWNERS/COMMITTEE & BOARD MEMBERS/OTHERS

Sterling Level 1 Criminal Background Check (www.usaswimming.org/backgroundcheck)

Athlete Protection Training course (www.usaswimming.org/protect)

Current and previous members can access the course at any time. New non-athlete members must register through their LSC before getting access to this online course, which takes approximately 60 minutes to complete and is offered at no charge. New members cannot initiate the course until their membership application has been processed by their LSC, so it is recommended that new members wait ten days after mailing their application before attempting to log in to take the course. Once their membership application has been processed, the log in procedure can be completed. (An error message will appear during the log in if the new member's application hasn't been processed yet.)

Your LSC will be notified automatically when you have passed the background check and online athlete protection training. Once all membership requirements have been met, your LSC will mail a membership card to you.